

# King Offa Primary Academy - Week 2

## Weekly menu



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

|                                                   |                                                                |                                                       |                                                          |                                                                      |
|---------------------------------------------------|----------------------------------------------------------------|-------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------------------|
| Cheese and Tomato Pizza with Homemade Wedges      | Chicken and Red Pepper in a Tomato sauce served with Rice (GF) | Roast Pork served with Roast Potatoes and Gravy (GF)  | Beef Bolognaise with Spaghetti or Gluten Free Pasta (GF) | Breaded Fish and Chips with Tomato Sauce (GF)                        |
| Homemade Falafel served with Homemade Wedges (VG) | Macaroni Cheese                                                | Quorn Roast served with Roast Potatoes and Gravy (VG) | Jacket Potato Bar served with a Choice of Fillings (VG)  | Vegan or Vegetarian Breaded Nuggets and Chips with Tomato Sauce (VG) |
| Seasonal Vegetables                               | Pasta Bowl with Tomato and Vegetable Sauce                     | Seasonal Vegetables                                   | Pasta Bowl with Tomato and Vegetable Sauce               | Seasonal Vegetables                                                  |
| Salad Bar                                         | Seasonal Vegetables                                            | Salad Bar                                             | Seasonal Vegetables                                      | Salad Bar                                                            |
| Chocolate Ice Cream                               | Salad Bar                                                      | Maryland Cookie                                       | Salad Bar                                                | Oatie Cookie                                                         |
| Jelly or Yoghurt Pots                             | Fruit Sponge and Custard                                       | Jelly or Yoghurt Pot                                  | Carrot Cake                                              | Jelly or Yoghurt Pot                                                 |
| Fresh Fruit Pot                                   | Jelly or Yoghurt or Fresh Fruit Pot                            | Fresh Fruit Pot                                       | Jelly or Yoghurt or Fresh Fruit Pot                      | Fresh Fruit Pot                                                      |